# <u>Ageing in the Balkans</u> — <u>Does Migration matters?</u>

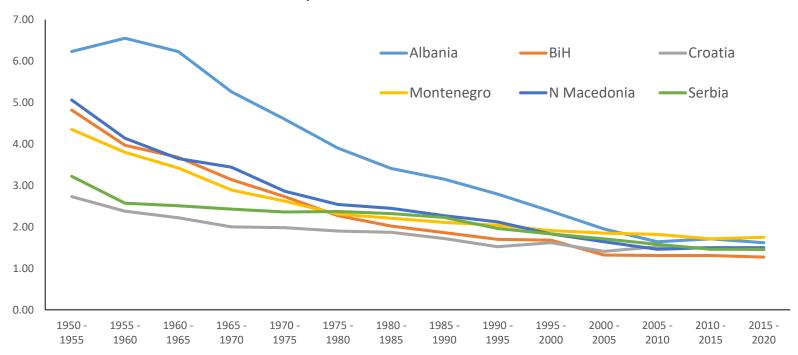
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Source: UN Population Prospects, 2019

#### <u>Low levels of fertility – lowest low levels</u>

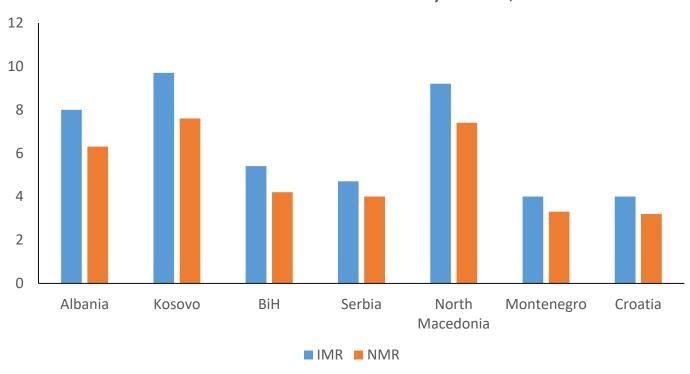
• TFR is between 1.3 and 1.8 children per woman in most SW Balkans

- How were these levels achieved?
  - Continuous declining trend (since before collapse of communism) Serbia,
     Croatia, Montenegro, BiH)
  - Rapid declining trend (Albania and Kosovo)

#### High levels of life expectancy at birth (Long Lives)

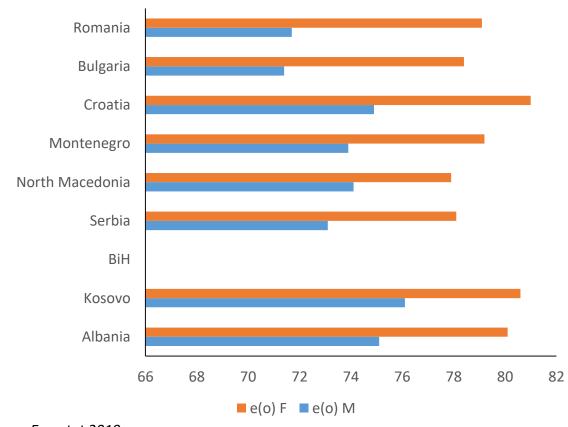
- E(o) (M) between 71 76 years; e(o) (F) between 75 81 years
- IMR in all countries less than 10 per 1000 live births;
- Neonatal Mortality rate continuous to be relatively high.
- So, in terms of survival not much difference from either west of east Europe.
- Some of the Balkans are different from Eastern Europe as they did not go through the so-called "adult mortality crises of Eastern Europe" (e.g. Albania and most former Yugoslav republics). Linked to Mediterranean diet and life style.

Infant and Neonatal Mortality Rates, 2018



Source: Eurostat 2019





Source: Eurostat 2019

### DEMOGRAPHIC REGIME: LONG LIVES AND VERY LOW FERTILITY

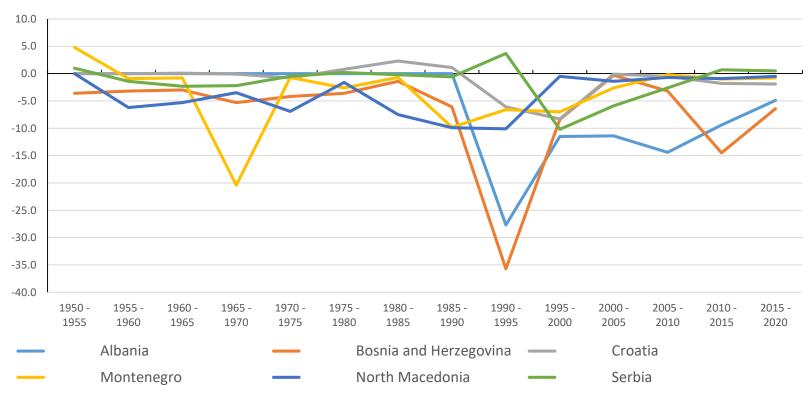
#### What is happening to migration?

- It has to be said that there are various trends/patterns across the Balkans – and it is difficult to generalise
- Data is a major issue. We only have estimates from between census populations and some of these countries either have no census or only one.
- But the overall trend is negative net migration during the transition period (1990 to present)

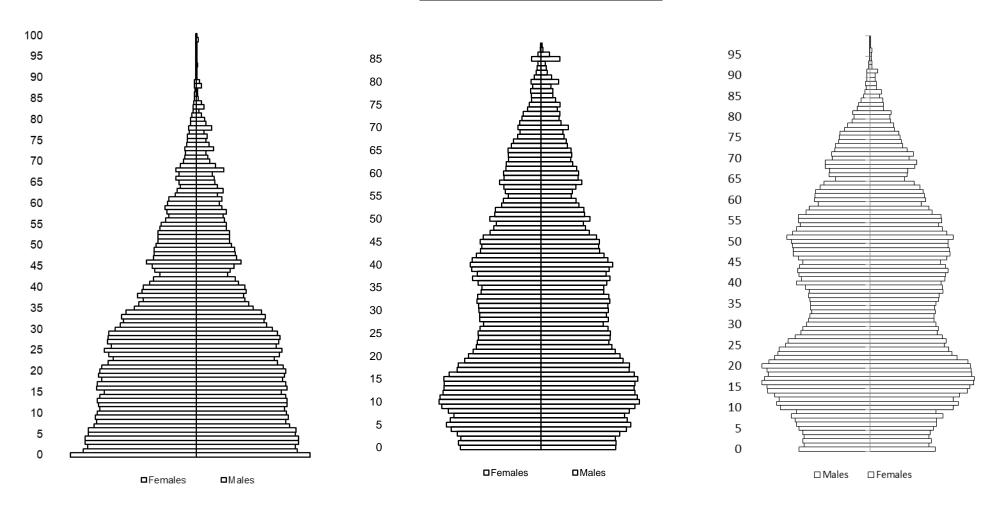
#### What is happening to migration?

- e.g. Albania and BiH with net migration rates in different periods of up to -25. That is large by any standard.
- In some countries it is by far the dominant demographic process (e.g. in Albania where 1/3 of the population has emigrated, in BiH and in Kosovo similar trends but data unreliable)
- Migration has a double effect on population structure: a. reducing the tax paying population and b. reducing the level of childbearing.

Net Migration Rate in SW Balkans, 1950-2019



# Emigration effect in Albanian population structure?



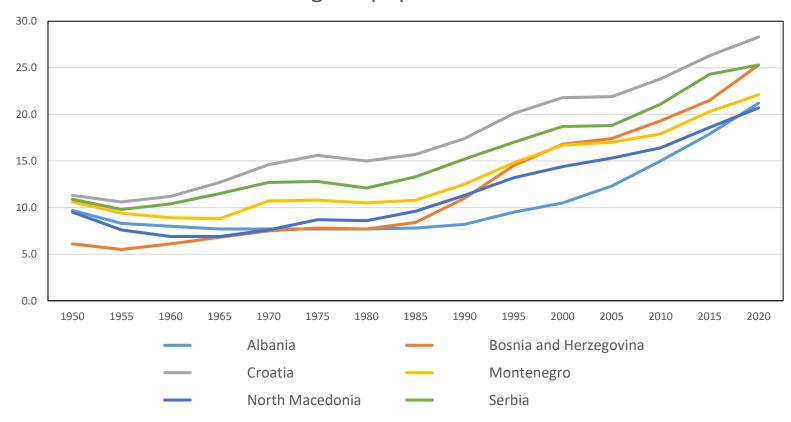
#### **DEMOGRAPHIC REGIME:**

LONG LIVES
VERY LOW FERTILITY
VERY HIGH EMIGRATION

What is the consequence of this "new demographic regime"? – <u>Population Ageing</u>

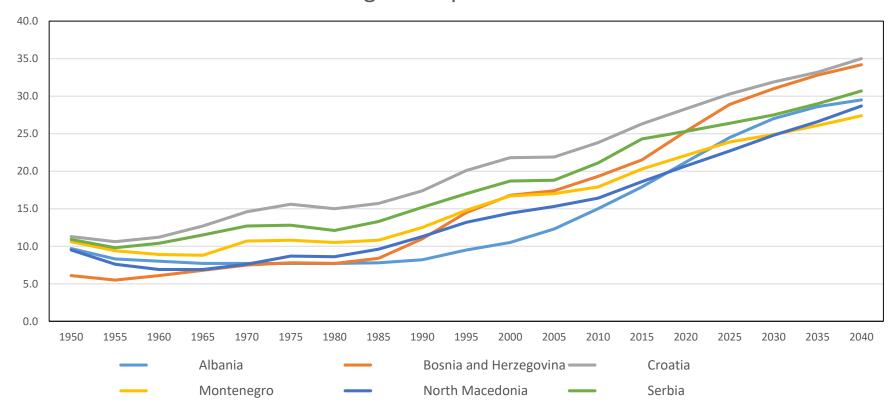
- By 2019 the population over 60+ has reached 20% (Albania 22%, Croatia about 27%, Serbia and BiH about 25%)
- The process has been very fast. The fast pace of increase starts in the mid-1980s, but it really accelerates in the 1990s.
- Time it took these countries for the population over 60+ to go from 10 to 20% is about 30 years in high migration populations BiH, Albania and North Macedonia). It took some western European countries double that time.
- In 20 years-time by 2040 most projections predict that most of these countries 60+ population will reach 30%, and in some cases about 35% (e.g. Croatia and Serbia).
- But under different economic scenario Middle Income Countries

Percentage of population over 60+



Source: UN Population Prospects 2019

Percentage of Population 60+ in %



Source: UN Population Prospects 2019

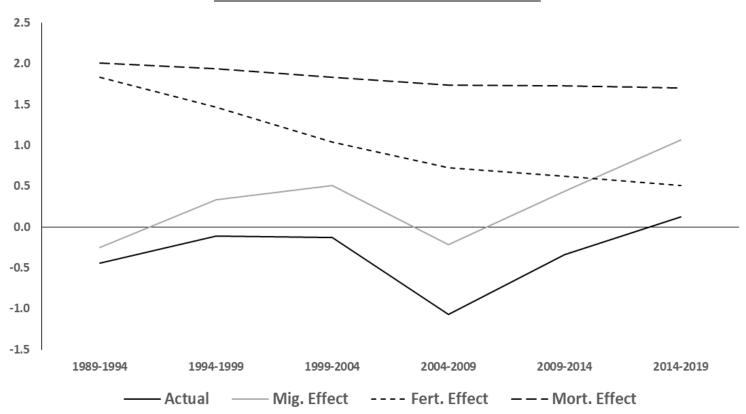
Is migration responsible or partially responsible for this ageing?

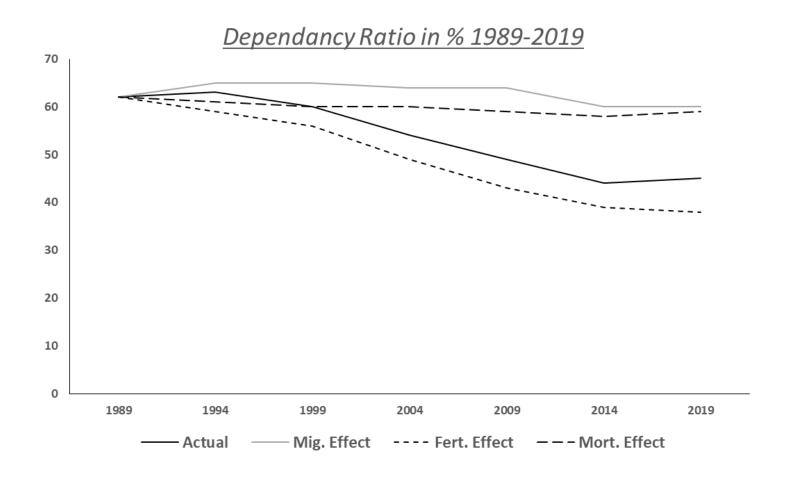
Case of Albania (because data permit us) and emigration the highest in the region:

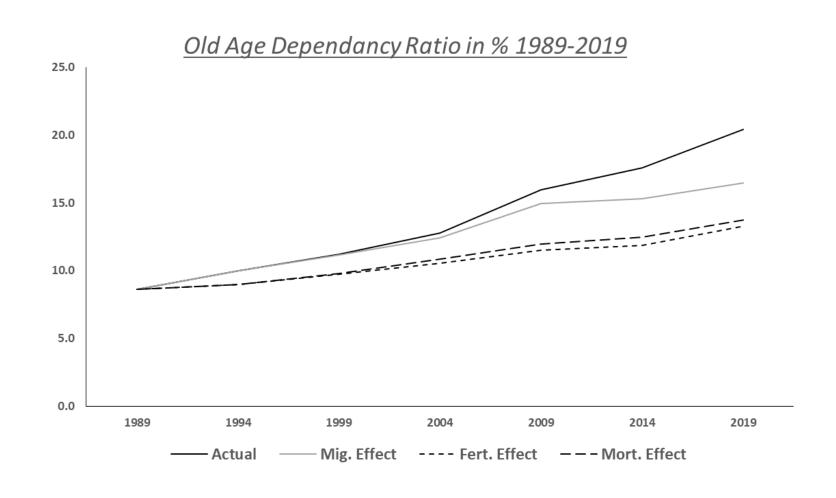
What we did is that we take as base year population for projection 1989 (census year), and projection population of 2019, today's population, under different scenarios:

- 1. Migration effect real, fertility and mortality constant with the rate of base year;
- 2. Fertility effect real, the others constant
- 3. Mortality effect real, the others constant
- 4. The actual population of Albania in 2019

#### Annual Growth Rate 1989-2019







- Albanian population has aged faster than expected in a short period of 30 years
- Mortality effect minimal
- Migration and fertility most important
- Migration has affected the speed of ageing

### What should be the Future Policy focus - UNFPA?

#### Should we worry?

- a. <u>Not necessarily</u> Ageing is a natural consequence of demographic transition, although it has come faster in the region compared to the rest of Europe.
- b. If the Right Policies, societies can benefit from it
  - We live longer but we also live healthier
  - The time of entering employment has increased with more children staying in education, thus late retirement will not change much the long life time in employment for the new generations.
  - In retirement, elderly continue to be productive and do contribute to society in formal and informal sectors.

### What should be the Future Policy focus - UNFPA?

Should we worry?

But, only if the Right Policies are in place for:

- i. Health care
- ii. Social care:
  - traditional family support is breaking down due to low levels of fertility).
  - Thus who is going to support elderly populations when institutionalisation is not "socially acceptable in this part of Europe?

### What should be the Future Policy focus - UNFPA?

### NOT JUST FOCUS ON YOUNG PEOPLE BUT ALSO THE ELDERLY