Bystanders:

A Guide to Responding to Violence









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This Manual was developed with the aim of strengthening professional support for trainers of intervention training of young leaders in implementing activities and raising awareness of bystanders in preventing various forms of violence, under the title "Bystander Intervention Training Manual for Youth Leaders", with the support of the Step by Step organization and UNFPA.

What to Do in Case of Peer Violence



Scenario 1:

A student in elementary school is exposed to physical violence by an older student on a daily basis. An older student hits him and forces him to give him his pocket money. The victim is afraid to report the violence because he is afraid of revenge and isolation from his peers.



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What to Do in Case of Peer Violence



Scenario 2:

In sports class, you are divided into groups for volleyball practice. One group does not want to accept a Roma girl. They call her vile names and insult her.



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What to Do in Case of Sexual Harassment



Scenario 1:

In public transport, a man inappropriately touches a woman in front of him. You notice that she is aware of it but looks scared to react in public.





What to Do in Case of Sexual Harassment

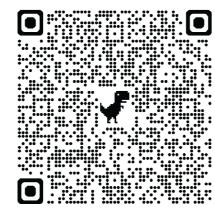


Scenario 2:

A group of your friends during a school break sends explicit and unwanted messages to a boy you go to class with. He is sitting on the stairs alone, visibly upset.



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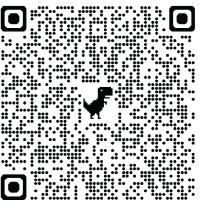
What to Do in Case of Domestic Violence



Scenario 1:

In the apartment below, you hear an adult person shouting, loud banging and a child crying over a long period of time.





What to Do in Case of Domestic Violence

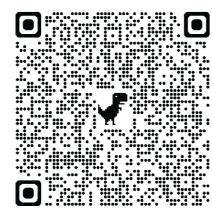


Scenario 2:

You witness a physical confrontation between your parents in the living room. Your parents do not notice you are there.



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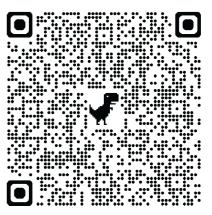
What to Do in Case of Substance Abuse



Scenario 1:

During a night out with friends, one of your friends orders an alcoholic drink even though she is underage. The waiter brings her a drink.





What to Do in Case of Substance Abuse

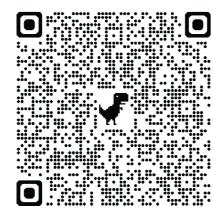


Scenario 2:

A group of your classmates have started experimenting with drugs, and one person is starting to show signs of addiction.



For more information and access to the full version of the publication, scan the QR code.



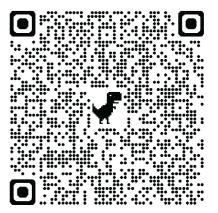
What to Do in Case of Suicide Risk



Scenario 1:

Your friend is showing signs of depression, withdrawal and talks about self-harm. You've noticed that she has started carrying sharp objects with her and you can see marks of self harm on her arm.





What to Do in Case of Suicide Risk



Scenario 2:

You find a letter from your friend in which he expresses feelings of hopelessness and in which you recognize suicidal thoughts. He has been withdrawing from social activities for quite some time, he has no interest in school and spends most of his time at home.



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